



2026 NPC SEMINAR



NPC COMPETITION SEMINAR & POSING CLINIC SATURDAY AUGUST 15, 2026

O'MALLEY'S GYM - BEAVERTON

6540 SW FALLBROOK PLACE BEAVERTON OR 97008

12PM - 2PM: NPC SEMINAR

2PM - 3PM: POSING WITH THE PROS!

EVENT IS FREE TO ATTEND!

NO REGISTRATION REQUIRED, JUST SHOW UP BEFORE 12PM!

SEMINAR FOCUSED ON COVERING:

- JUDGING & SCORING
- ONSTAGE PRESENTATION
- DIVISION BREAKDOWN
- UPCOMING EVENTS
- POSING CLINIC AFTER SEMINAR